



The social, environmental & economic consequences of what we **Buy**

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Impacts of “Made in China”



1. Environment → health
2. Social → slavery
3. Económica → “Lo barato sale caro”



We've become a **Consuming Disposable Society**

The best things in life aren't things.

- Art Buchwald

Clarification:

1. It's a **Challenge** to find things not Made in China (in part or as a whole)
2. **It's not just China** – Many countries where there's slavery, no regulations on safety, work hours, toxics...

Some examples



Gold Miners



Fish from Thailand

<https://www.youtube.com/watch?v=5qsERAosVyw>



SLAVERY AT SEA

The Continued Plight of Trafficked Migrants in Thailand's Fishing Industry

Myanmar fisherman goes home after 22 years as a slave

July 2015

By MARGIE MASON Jul. 1, 2015 10:46 AM EDT

27 photos

Myint Naing, Khin Than



BRAVENEW FILMS Presents A Robert Greenwald Film

WAL-MART

the high cost of low price

“Lo Barato sale caro”

Eco-Cine



Bangladesh 2013

1,130 deaths
2,400 injured



MANGO

DRESS
Rs 2,290

NOW OPEN: DOLMEN MALL CLIFTON
MANGO.COM



THE CHILDREN'S
PLACE

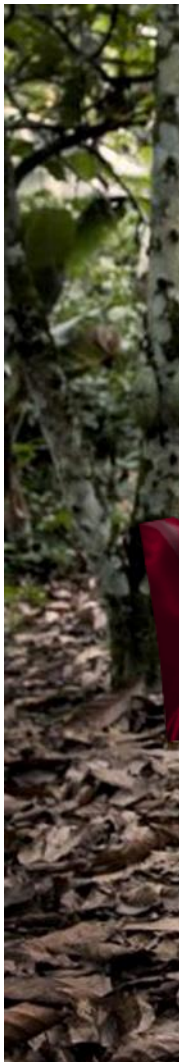


benetton



dressbarn



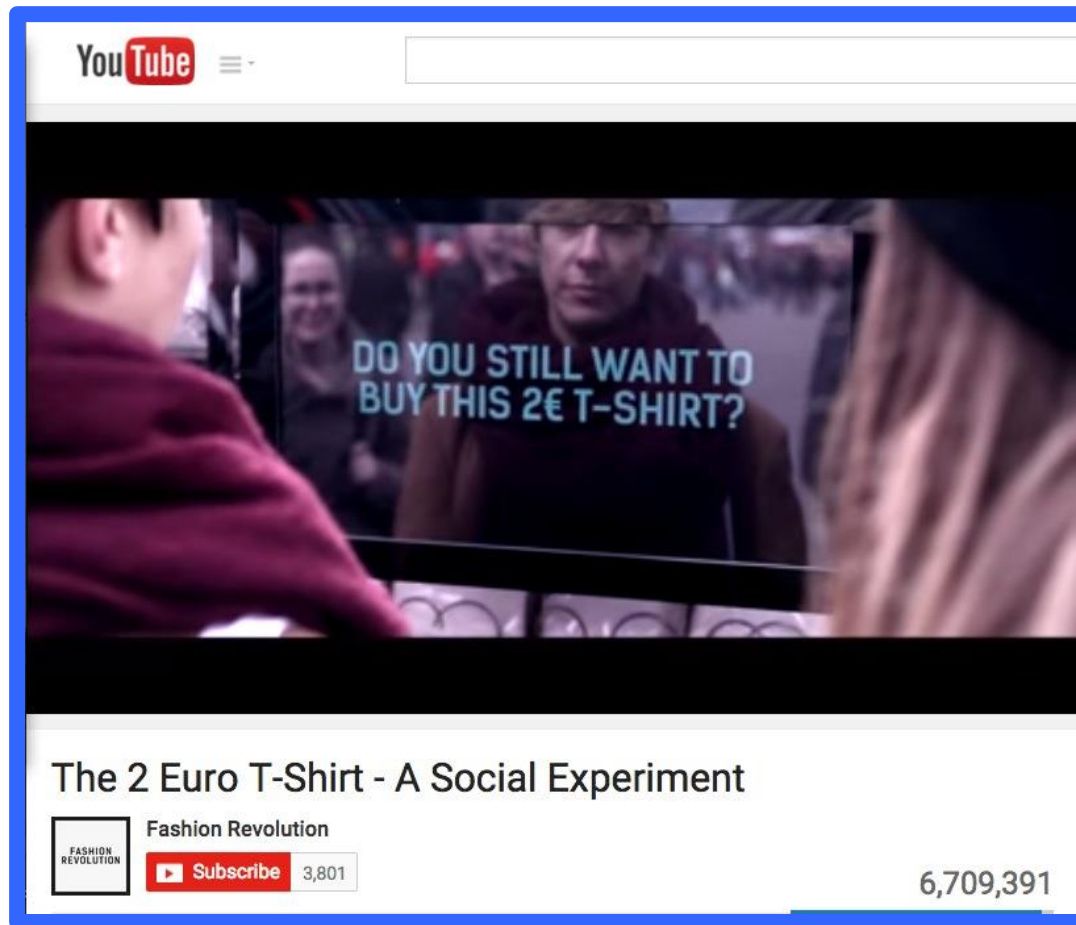


Everytime you buy stuff
THINK: Do I need this?, can I buy it
used, borrow? ; What
social/environmental impacts does it
have? .

***Remember: Buying Local**

1. Helps the local economy,
2. **Avoids emissions** due to **transport** &
3. Ensures you don't promote slave labor.

1.5 min Video



**The bitterness of poor quality remains
long after the sweetness of low
price is forgotten.**



THE STORY OF
STUFF
PROJECT



References

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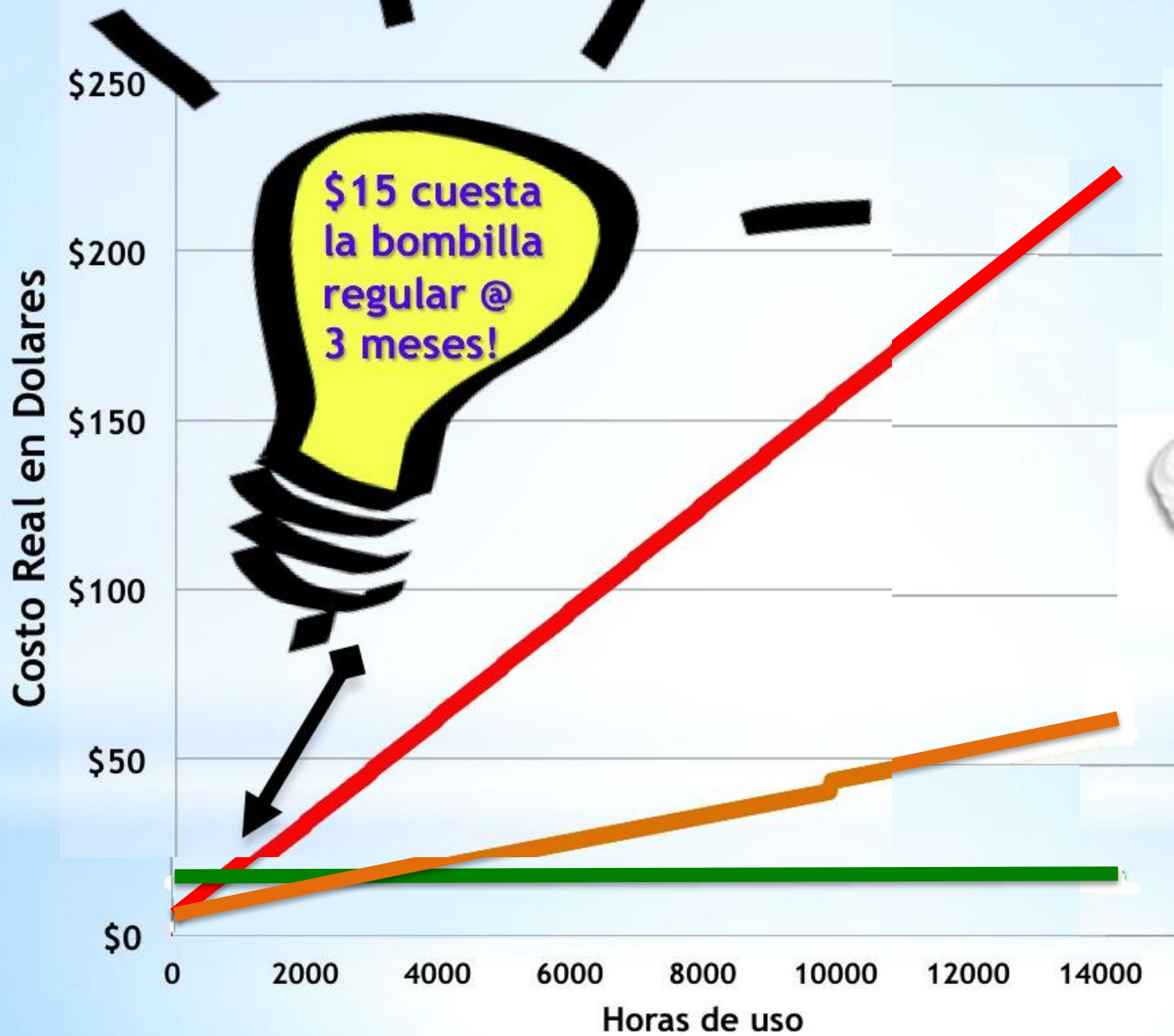
HOW TO BE POOR & HAPPY

1. WORK & LEARN. IT'S FREE!
2. USE WHAT YOU HAVE.
3. IF YOU CANT USE IT, MEND ^{OR} SELL IT.
4. IF YOU DONT HAVE IT, BORROW IT.
5. BUY LITTLE, BUT BUY GOOD.
6. THERE'S A WAY TO FIND IT CHEAPER.
7. BEING NICE AND NEAT = £0.00
8. ALL GOOD THINGS ARE WILD


 & FREE.

¿Cuánto costó tu Bombilla?:

“Lo Barato sale Caro”



Incandescent (regular)
Life=1,000 hrs
Cost: \$0.75



CFL, (fluorescent)
Life= 10,000 hrs
Cost: \$3



LED
Life = 50,000 hrs
Cost: \$15

SCARY SEVEN



naturallysavvy.com™

Avoid these seven dangerous ingredients when shopping for products

1. High-Fructose Corn Syrup

(Glucose-Fructose in Canada)

Potential side-effects: Obesity, insulin resistance, increased belly fat, heart disease.

2. Trans Fats *(labeled as 'shortening, 'partially hydrogenated,' or 'hydrogenated,' 'mono- and diglycerides,' or 'DATEM')*

Potential side-effects: Heart disease, cancer, diabetes.

3. Artificial Flavors

A blanket term referring to over 100 possible chemical additives. Potential side-effects: Allergic and behavioral reactions.

4. Monosodium Glutamate (MSG)

Potential side-effects: Chest pain, heart palpitations, headaches, stimulates taste buds causing us to eat more.

5. Artificial Colors

Potential side-effects: Allergies, sinus congestion, hyperactivity in children, worsens symptoms of ADD and ADHD.

6. Artificial Sweeteners

Aspartame (Equal, NutraSweet): Primarily affects the nervous system. Potential side-effects: Headaches, dizziness, memory loss, convulsions.

Sucralose (Splenda): More research is needed to determine its safety.

Acesulfame Potassium (Ace-K): Research indicates it may cause cancer.

Neotame: Need more studies to confirm safety.

Saccharin (Sweet'N Low): Proven to cause cancer in animals. Suspected human carcinogen.

7. Preservatives

Potential side-effects:

TBHQ: Tinnitus, nausea, vomiting.

Polysorbates (60, 65 & 80): Infertility, immunosuppressant, anaphylaxis.

BHT/BHA: Liver and kidney problems.

BHA is a possible carcinogen.

Nitrates or Nitrites: Allergic reactions, potential carcinogen.

Potassium Sorbate: Allergic reactions, nausea, diarrhea and DNA damage.

Sodium Benzoate: Allergic reactions, carcinogen.

Sulfites: Allergic reactions—especially for asthmatics.



Learn more at naturallysavvy.com



Other CV Talks about What to Buy

- What to eat to tackle Climate Change
- Eco- Chemistry
- Green Women- eco hygiene/cosmetics
- Green Clean
- Green Living

<http://campusverde.uprm.edu>

Visit the EcoSolar House

