David Shrigley
The Paper Sculpture

Requires: 1 blank sheet
1. Fold the paper lengthways with the sheen outer
2. Earmark the westernmost corner of the starboard half
3. Tear the remaining (port) half slightly to the right and curve the thus-created ridge between the heel of your other hand (reverse if you are east-handed) and forefinger
4. Fold both hemispheres again quickly and then once again and then flatten it out
5. Turn the paper over
6. Repeat
7. You should now have an evenly divided plane of tight folds pointing upwards. Whilst pressing on the neither-side corner with thumb and/or index finger of your dominant hand, lightly brush your weaker inner wrist over the puckering in a forward motion until they are flat again
8. Take the far corner of the paper under your left or right thumb and with your other thumb, partly score a line from middle to top, approximately two thirds from the negative edge
9. Gently curl the uninvolved portion until just before its natural creasing point, taking care not to actually go over the mark
10. Take the north edge in a scissors-like fashion between the index and middle finger of your subordinate hand, and with your other elbow locate and flatten the apex you have previously made
11. Make a fist on your lower side and slot the most gaunt edge into the widest tuck between your fingers and with the ball of your un-used fist, dull each extremity in
12. Take the paper diagonally several times so that the corners don't touch, flatten, repeat and flatten again
13. Taking adjacent corners between thumb and smallest finger, draw the sheet together and hold it for 2-5 minutes
14. Turn the sheet over and repeat
15. Find a cylinder with a circumference near as damn it equal to the longest edge of the paper (if no cylinder is available you may use one of your limbs)
16. Fasten the sheet around the cylinder/limb with a piece of tape
17. Write the names of things which you like on the paper
18. Unfasten
19. Make the page into what you consider to be a nonagon
20. With your right hand manipulate the sheet slightly with a flattened palm until the facing side looks like (what you understand to be) a rough trapezoid from where you are sitting/standing
21. Then move your other hand around the piece and approximate the exact opposite action (again with a flattened palm) which you have just undertaken with your right hand until the sheet takes back with your right hand until the sheet takes back (what you remember as) its former shape
22. Unfold.