

# **Recinto Universitario de Mayagüez**

## **Plan de Desalojo Caso de Emergencia**



**Edificio Antonio Lucchetti**

## **I. Propósito**

Establecer los procedimientos necesarios para efectuar el desalojo parcial o total del personal y visitantes del Edificio Antonio Lucchetti en caso de una emergencia. Se pretenden establecer las responsabilidades entre el personal que trabaja en esta instalación para que el desalojo se efectúe de forma efectiva, segura y ordenada. Este incluirá las acciones a seguir antes, durante y después de la emergencia, así como las medidas para la protección de vida y propiedad.

## **II. Situaciones y suposiciones**

### **A. Situaciones**

1. El A. Lucchetti localizado en el área sureste del Recinto, al lado del Edificio ROTC y del Pórtico Colegial, cercano a la carretera interna que conduce hacia la salida Barcelona y que da hacia la calle Ramón E. Betances (antigua Post).
2. El edificio es utilizado para oficinas administrativas, salones de clases, laboratorios, talleres y almacenes del Departamento de Ingeniería Mecánica.
3. El edificio está construido en concreto armado y consta de 3 niveles o pisos. Cuenta con escaleras internas en ambos extremos que conducen a las puertas y salidas del primer piso y del sótano. Todas sus ventanas y las puertas interiores son de madera, siendo las puertas dobles del primer y segundo piso de metal y la de entrada al Departamento en el segundo piso en cristal.
4. En el edificio laboran aproximadamente unas 32 personas, entre empleados y profesores. Cuatro empleados de mantenimiento (conserjes) laboran en el edificio en el primer turno de trabajo.
5. El edificio cuenta con un sistema de alarma en caso de incendio, cuyo panel de control está ubicado en el primer piso al lado derecho, L-119, con detectores de humo, sirenas, lámparas de centelleo y activadores manuales en todos los pasillos de los pisos. Además, hay lámparas de emergencia en los pasillos, baños, escaleras, laboratorios y áreas comunes.
6. En el edificio no se mantienen condiciones de alto riesgo de incendios.

### **B. Suposiciones**

1. Todos los empleados y funcionarios en el edificio conocen el Plan de Desalojo, así como su función y responsabilidad dentro del mismo.

2. Se efectuarán simulacros de desalojo y adiestramientos de *Prevención de Incendios y Uso y Manejo de Extintores*, por lo menos una vez al año.
3. El plan de desalojo, al igual que los ejercicios de simulacros, será coordinado por el Departamento de Ingeniería Mecánica, quien coordinara con otras dependencias y funcionarios del Recinto de ser necesario.

### **III. Concepto de Operaciones**

Todo el personal administrativo y de mantenimiento del edificio, estarán involucrados en la operación del plan de desalojo. Se conformará un Comité de Seguridad entre los ocupantes del edificio, siendo el Coordinador del comité el Director del Departamento de Ingeniería Mecánica.

#### **Mitigación**

1. Se debe mantener en óptimas condiciones e inspeccionados todos los componentes del sistema de prevención de incendios, tales como el sistema de alarmas, extintores, etc.
2. Se mantendrán despejadas todos los componentes de los medios de salida de emergencia, tales como pasillos, escaleras, puertas, etc.

#### **Preparación**

1. Se ofrecerán charlas y orientaciones de seguridad a los ocupantes del edificio por lo menos una (1) vez al año, así como adiestramientos y simulacros.
2. En todos los pasillos estarán colocadas los diagramas de las rutas de escape y los rótulos de salida, así como las lámparas de emergencia.
3. El edificio cuenta con extintores contra incendios en todos los pisos. Estos serán inspeccionados visualmente y una vez al año por un inspector certificado.
4. Se revisará una vez al año el Plan de Desalojo de Emergencia por el Comité de Emergencia.

#### **Respuesta**

1. El Coordinador de Emergencia o su representante podrá activar el Plan de Desalojo de Emergencia.



2. Si se activará la alarma de incendio, se procederá con el aviso de alerta a todo el personal y residentes sobre la emergencia y la operación de desalojo.
3. El personal encargado del desalojo se asegurará que todos los ocupantes del edificio salgan del mismo en forma ordenada y se reúnan en áreas seguras.
4. El Coordinador de Emergencia o su representante notificará a la Guardia Universitaria y a otros funcionarios del Recinto sobre la emergencia y la operación de desalojo.

## **Recuperación**

Luego del simulacro y/o de pasada la situación de emergencia el Coordinador de Emergencia y la Guardia Universitaria, junto al grupo asignado a las labores y actividades de recuperación realizarán una detallada revisión e inspección del edificio para identificar daños y situaciones que ameriten atención especial.

Entre los pasos a seguir están los siguientes:

- ✓ Se evaluarán los daños y los riesgos presentes, procediéndose a preparar un informe de daños.
- ✓ Se rehabilitarán las instalaciones para reiniciar las funciones.
- ✓ Se investigarán las causas que provocaron la situación de emergencia.
- ✓ Se implantarán todas las medidas correctivas y preventivas recomendadas.

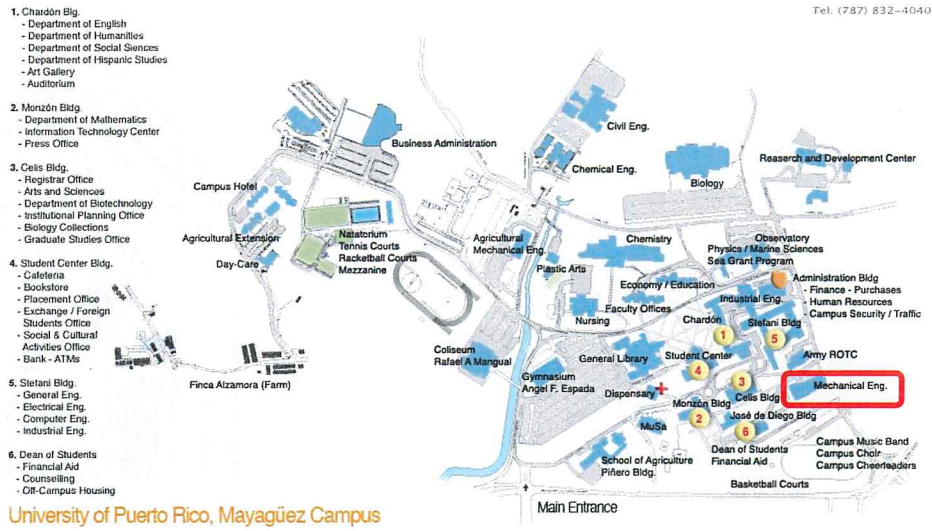
## **IV. Organización y Responsabilidades**

Para asegurar que se toman las medidas de seguridad y las acciones necesarias para proceder con la efectiva operación del plan de desalojo, se mantendrá un Comité de Emergencias en el edificio, cuya coordinación será responsabilidad del Director A. Lucchetti o de su representante. El Comité se asegurará de velar que se cumplan con todos los requisitos de seguridad exigidos por las agencias de seguridad estatal y de la Oficina de Salud y Seguridad del Recinto.

El personal administrativo de las oficinas ubicadas en el edificio A. Lucchetti y el personal de mantenimiento formarán parte de las brigadas de emergencia encargados de las operaciones consideradas dentro del plan de desalojo.

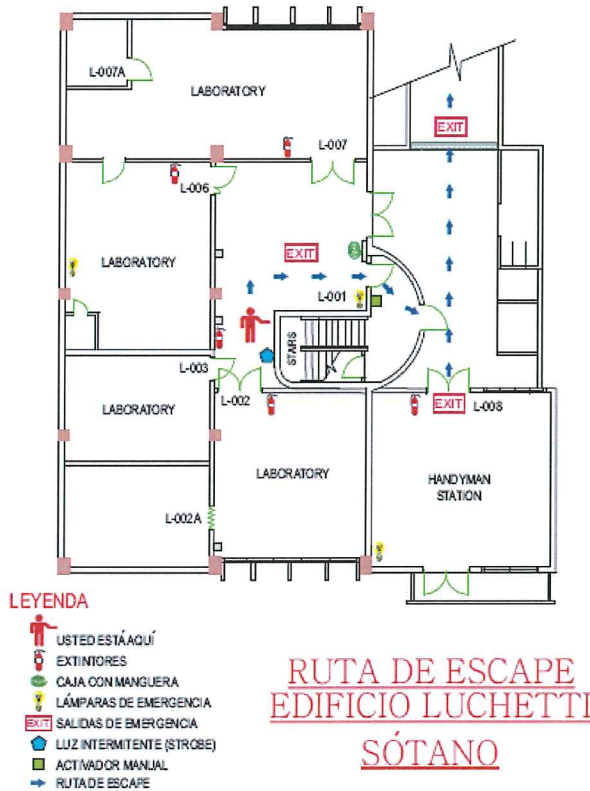
Favor ver anejos:

Anejo 1 Mapa de UPRM

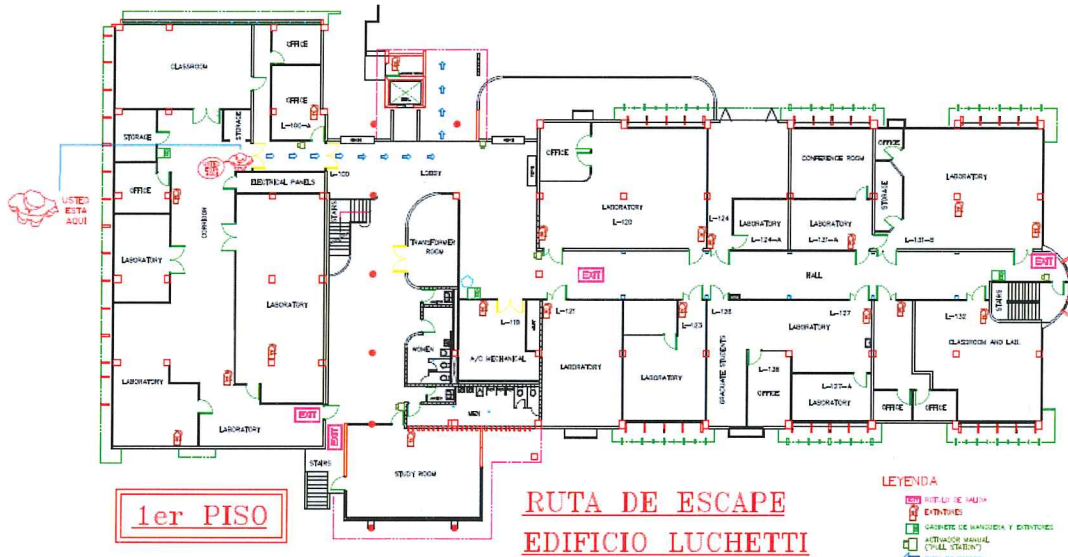


Anejo 2 Diagramas de Desalojo Edificio A. Lucchetti:

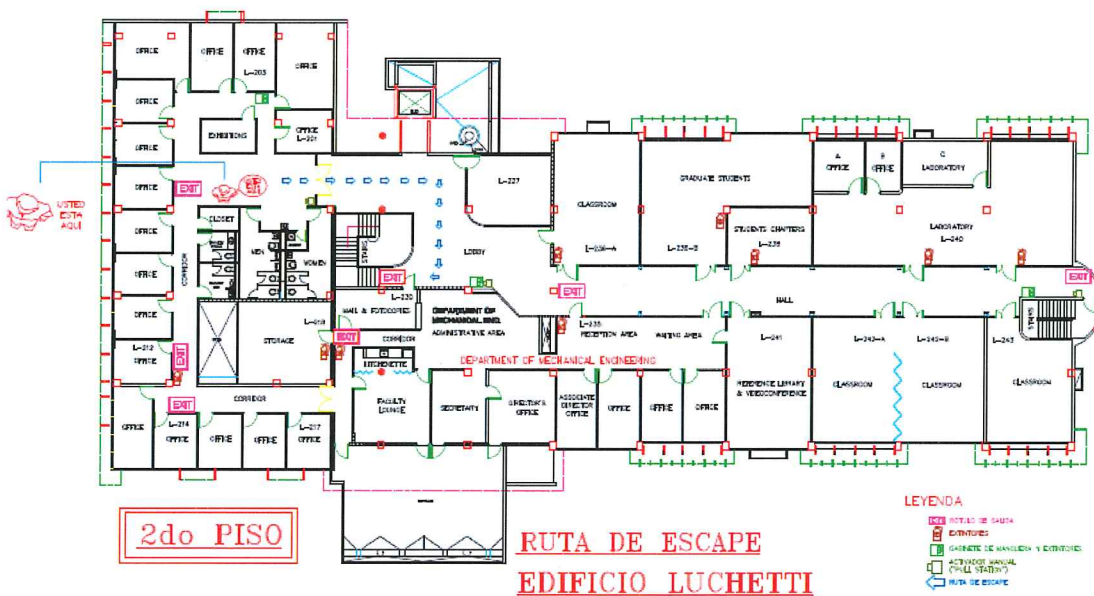
A. Sótano



B. Primer Piso



C. Segundo piso



## Emergency Management at Luchetti Building at RUM

Emergencies can come without warning at any time. Being prepared physically and psychologically to handle unexpected accidents or disasters is an individual as well as an organizational responsibility.

This guide was developed assist in minimizing effects from such events. Please read the contents thoroughly. Once you are familiar with the information, you will be able to protect yourself and perhaps save the life of someone else. The information included in this guide is intended to cover most emergency actions, but is not all-inclusive. Common sense must prevail when instructions are not available. No matter what the crisis, THINK before you ACT, then act swiftly to minimize your exposure to danger. **YOUR SAFETY IS OF PRIMARY IMPORTANCE.**

If you have questions concerning a unique situation not covered in this manual or if you wish additional information regarding emergency preparedness, contact:

Emergencias Médicas Municipal – Mayagüez:	<b>9+(787) 265-0050</b>
Policía Estatal – Mayagüez:	<b>9+(787) 832-2020</b>
Policía Municipal – Mayagüez:	<b>9+(787) 834-0378</b>
Bomberos Estatal – Mayagüez:	<b>9+(787) 832-2330</b>
Bomberos Municipal – Mayagüez:	<b>9+(787) 832-1212</b>
Manejo de Emergencias Estatal – Mayagüez:	<b>9+(787) 833-7272</b>
Manejo de Emergencias Municipal – Mayagüez:	<b>9+(787) 831-5454</b>
Hospital Bella Vista:	<b>9+(787) 834-6000</b>
Hospital Perea:	<b>9+(787) 834-0101</b>
Hospital San Antonio:	<b>9+(787) 834-0050</b>

All emergencies should be reported to:	<b>(787) 832-4040</b>
Campus Police	<b>x 3263 &amp; 3872</b>
Campus Medical Emergencies UPRM	<b>x 2333 3865 &amp; 3405</b>
Office of Health and Safety UPRM (EH&S)	<b>x 3506 &amp; 3221</b>

Revised: July 29, 2013

Document location: <http://ingenieria.uprm.edu/inme/help>

### WHAT YOU CAN DO NOW:

Get to know the Emergency Response Team in your building. Vital components of the comprehensive RUM response and recovery plan are the emergency responders on each floor and in each building throughout the campus.

Enter the names and phone numbers of your team members in the "Emergency Response Team" section.

Place emergency materials, e.g., floor plans, exit routes, etc. distributed by your response team in the pocket at the end of this guide.

Keep the guide where it will be immediately available for quick reference in an emergency.



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## 2 UTILITY FAILURE

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### 2.1 MAJOR UTILITY FAILURE

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1. NOTIFY SUPERVISOR

Supervisor will contact the Director. The Director's phone number is in operation 24 hours a day, seven days a week.

2. IF A SUPERVISOR IS UNAVAILABLE, call ext. 5413 and give a brief, clear description of the problem.

3. REMAIN CALM.

4. FOLLOW DIRECTIONS OF EMERGENCY PERSONNEL.

5. If evacuation is directed by emergency personnel, follow their direction, assisting disabled and non-English speaking persons as you exit.

6. Department head may call Facilities Management, ext. 5413 for information, regarding scope and expected length of outage.

### 2.2 UTILITY PROBLEMS

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Call Facilities to ext. 3509. General Action Guide:

a. Gas Leaks: Vacate area.

b. Ventilation: If smoke or strong burning odors occur, vacate immediately.

c. Elevator Failure: Push button on elevator intercom. Describe the problem. Remain calm until help arrives.

d. Plumbing/Flooding: If personal safety allows, shut off electrical equipment and vacate area.

e. Electrical Failure: Call ext. 2320.

**DO NOT RE-ENTER AREA/BUILDING UNLESS TOLD IT IS SAFE TO DO SO.**

### 3 HAZARDOUS MATERIAL INCIDENTS

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#### 3.1 PERSONNEL EXPOSURES/CONTAMINATION

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1. Remove exposed/contaminated individual(s) from area, unless it is unsafe to do so because of (1) medical condition victim(s), or (2) potential hazard to rescuer(s).
2. **AT ALL TIMES notify Emergency 9-1-1** if immediate medical attention is required.
3. If incident occurs during normal working hours, notify EH&S (ext. 3506). If after hours, notify Emergency 9-1-1.
4. Administer First Aid as appropriate.
5. Proceed to nearest emergency eyewash/shower to flush contamination from eyes/skin.
6. Remove any contaminated clothing.
7. Stand by to provide information or assistance including MSDS (Material Safety Data Sheets) to emergency response personnel (in cases where they are dispatched).

#### 3.2 CONTAMINATION OF EQUIPMENT/FACILITIES

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1. Do not attempt any clean up or decontamination procedures alone or without wearing proper protective attire, including appropriate respiratory protection where airborne hazards may exist. (Personnel must be trained and certified before using respiratory protection). Unless the incident is a small spill of a relatively innocuous material, **DO NOT ATTEMPT SPILL CLEAN UP WITHOUT EH&S APPROVAL.**
2. Avoid spreading contamination by restricting access to the equipment/area only to individuals who are properly protected and trained to deal with the type of hazard which exists (e.g., radioactive, corrosive, flammable, biological).
3. Report details and/or request assistance from EH&S (ext. 3506) if the incident occurs during normal working hours. If the incident occurs after hours, contact RUM Police Emergency 3263 or 9-1-1.
4. If a liquid spill, attempt to contain it by using appropriate absorbent material.
5. Attempt to decontaminate the equipment/area using appropriate methods under EH&S direction. If material is radioactive assess radiation levels with appropriate monitoring devices before and after decontamination.
6. Stand by to provide information/assistance to emergency response personnel (in cases where they are dispatched).

#### 3.3 RELEASE TO THE ENVIRONMENT (AIR, WATER, SOIL)

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1. Stop the release, if safe to do so.
2. Follow procedures described above for contamination of equipment/facilities.

## 4 EVACUATION OF DISABLED PERSONS

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1. In most cases, evacuation will not be necessary or advisable. Do not evacuate unless instructed to do so by emergency personnel, the fire alarm has activated, or danger is imminent.

2. All persons should proceed toward a nearest safe emergency exit as instructed by emergency personnel. When a disabled person reaches an obstruction, such as staircase, he/she should request assistance from others in the area.

3. If assistance is not immediately available, individuals with impairments should stay in the exit corridor and call for help. If the exit corridor should become dangerous (smoke, fire), proceed into the stairway, if possible, and stay at the stairway landing. Close the door behind you to keep smoke out of the stairway. If the stairway should become unsafe, proceed to a safe area away from smoke and fire, closing doors behind you to isolate the smoke. Call 911 and advise the operator of your situation. If in a room with a window, signal rescuers by waving, or place a sign in the window. Do not open the window unless smoke is entering the room. If possible, place a wet cloth material around and under the door to prevent smoke from entering.

4. Persons who cannot speak loudly should carry a whistle or other means of attracting assistance.

NOTE: It is suggested that individuals with mobility, visual or hearing impairment(s) prepare for emergency ahead of time by informing their building coordinators, floor warden, co-workers and classmates of the best methods of assistance during an emergency.

### 4.1 ASSISTING DISABLED PERSONS DURING EMERGENCY EVACUATION:

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#### 4.1.1 Non-Ambulatory Persons:

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Always consult the person about the following:

- Preferred ways of being removed from wheelchair. Wheelchairs should not be used in stairwell if at all possible.
- Whether to extend or move extremities when lifting because of pain, catheter leg bags, spasticity, braces, etc.
- Whether a seat cushion or pad should be brought along with the person if he or she is removed from the chair. Being carried forward or backward on a flight of stairs.
- After-care if removed from the wheel chair (i.e., whether they prefer a stretcher, chair with pad or medical assistance).

#### 4.1.2 Visually Impaired Persons:

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- Tell the person the nature of the emergency. Offer to guide him or her to safety.
- As you walk, say where you are and advise of any obstacles.
- When safety is reached, help to orient the person and ask if additional assistance is needed. Do not leave them alone.

#### 4.1.3 Hearing Impaired Persons:

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Hearing impaired persons may not hear audible alarms and some buildings do not have visual alarm devices.

Either:

- a. Write a note explaining the nature of the emergency. Include "Go to \_\_\_\_\_ exit - NOW", or
- b. Turn light switch on and off to gain attention, and then indicate through gestures or writing what is happening and what to do.



## **5 FIRE**

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**ALL EMPLOYEES SHOULD LEARN TO USE EXTINGUISHERS. EH&S (ext. 3506) OFFERS CLASSES.**

### **5.1 IF YOU DISCOVER A FIRE ON YOUR FLOOR:**

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1. Alert and evacuate people in the room.
2. Close door after exiting.
3. Activate fire alarm
4. Notify Emergency 9-1-1. Report your name, department and location of fire. Do not hang up until the call is complete.

### **5.2 IF TRAPPED IN A ROOM:**

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1. Place cloth material around or under door to prevent smoke from entering.
2. Retreat and close as many doors as possible between you and the fire.
3. Be prepared to signal from window but do not break glass unless absolutely necessary (outside smoke may be drawn in).

### **5.3 IF CAUGHT IN SMOKE:**

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1. Drop to hands and knees and crawl.
2. Hold breath as much as possible.
3. Breathe shallowly through nose and use blouse, shirt or jacket as filter.

### **5.4 IF FORCED TO ADVANCE THROUGH FLAMES:**

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1. Hold your breath.
2. Move quickly.
3. Cover head and hair.
4. Keep head down and eyes closed as much as possible.

### **5.5 IF CLOTHING CATCHES FIRE: STOP...DROP...ROLL**

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### *Fire Extinguisher Instructions for Waste-Basket-Size Fires:*

#### IMPORTANT NOTES:

1. Fire extinguishers can be used on small (waste-basket-size) fires only if safe to do so.
2. Be sure you are using the proper extinguisher for the type of fire you are fighting.  
Read instructions on extinguisher.
3. Closest fire extinguisher to my work location is  
(Enter location of nearest extinguisher) \_\_\_\_\_

- P Pull safety pin from handle  
A Aim (nozzle, cone, horn) at base of fire.  
S Squeeze the trigger handle.  
S Sweep from side to side (watch for re-flash).

### *When a Fire Alarm is Activated:*

1. Follow emergency personnel directions.
2. Walk - do not run to the nearest safe exit (remove high heels to avoid tripping). Alarm may not sound continuously. If alarm stops, continue to evacuate.
3. Use stairways for exit, do not use elevators. Do not push or crowd, use handrails in stairwells-stay to the right.
4. Give assistance to disabled persons. (See "Evacuation of Disabled").
5. Feel doors (top and bottom) for heat - use back of your hand. If hot, do not open. If not hot, open door slowly. Stand behind door and to one side; be prepared to close it quickly if fire is present.
6. Notify emergency personnel if you suspect someone may be trapped inside the building.
7. Proceed to assigned evacuation area (at least 300 feet from building).
8. Do not interfere in any way with actions of emergency personnel.

## 6 EARTHQUAKE

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### 6.1 DURING A MAJOR QUAKE

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#### 6.1.1 If Inside:

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1. STAY THERE!
2. Drop, Cover & Hold. If possible, take cover under a sturdy desk or table. Hold on to a furniture leg until the shaking stops. If your work location is adjacent to windows/glass, keep a light-weight hard hat on a hook under your desk. Put it on while you are under your desk.
3. STAY AWAY FROM WINDOWS AND OBJECTS WHICH COULD FALL ON YOU.
4. DO NOT RUN OUTSIDE. Falling debris can cause major injuries.
5. DO NOT USE ELEVATORS.
6. FOLLOW INSTRUCTIONS OF EMERGENCY PERSONNEL.

NOTE: If in a crowded public place, DO NOT RUSH FOR EXITS. Take cover under a sturdy desk, table, or other furniture. If that is not possible, seek cover against an interior wall and protect your head and neck with your arms. Avoid danger spots near windows, hanging objects, mirrors, or shelves where objects may fall on you.

#### 6.1.2 If in an Elevator:

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You are probably better protected in an elevator than other places. Elevators will not fall down the shaft and nothing heavy can fall on you.

1. If power fails, elevators will stop and lights will go off. Be Patient!
2. You will be rescued as soon as possible.
3. Follow directions of emergency personnel.

#### 6.1.3 If Outside:

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1. Quickly get to open area, away from trees, buildings, walls and power lines.
2. Drop to your knees in a fetal position with head bending to touch the ground. Close eyes and cross arms over back of head and neck for protection.
3. Stay in that position until the shaking stops.

#### 6.1.4 If in a Vehicle:

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1. Pull to the right side of road and stop.
2. If near overpass, power lines, or structures, proceed away from these risks and then stop.
3. Stay inside until shaking stops.

### 6.2 AFTER THE SHAKING STOPS

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#### 6.2.1 If inside a campus building:

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1. After a major quake, replace telephone handsets which may have fallen off the hook. Limit phone use to true emergencies only.
2. Advise emergency personnel of injured persons they may be unaware of.
3. Assist in evacuation of disabled persons, if appropriate.
4. Follow the procedures in this guide for fire, medical or evacuation safety steps.

5. Advise emergency personnel of any impending property damage, e g., and equipment close to falling on furniture, vital documents getting wet, etc.
6. Assist emergency personnel in immediate actions to limit damages.
7. Time permitting, tune portable radio to Emergency Alert System (EAS).
8. Gather home and office keys, identification and easy-to-carry critical work-in-progress.
9. Follow evacuation instructions of emergency personnel.

### 6.2.2 If on campus, but not in a building:

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1. Go to the nearest evacuation assembly area.
2. Stay clear of buildings, trees, and falling objects.
3. Follow directions of emergency personnel.

## 6.3 WHEN TO GO HOME

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In the event of a major quake, be prepared to stay on campus overnight and perhaps longer. You should not try to get home until campus authorities say it is safe, which will be when the worst fires are under control and streets are cleared for travel. This may happen quickly, or may take some time (72 hours or longer). Do not risk becoming a casualty by acting independently of emergency personnel.

### 6.3.1 CONTACT WITH LOVED ONES

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1. Be sure you know the number (or carry it at all times) of your family contact. Pay phones should be operating and local telephone companies plan to supply additional banks of pay phones so you can learn about your loved ones.
2. Hot Lines will rapidly be established for your loved ones to learn of your condition. Emergency personnel will give you additional information.



## 7 MEDICAL EMERGENCIES & FIRST AID

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### 7.1 GENERAL STEPS IN MEDICAL EMERGENCIES

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1. Call out for emergency personnel trained in First Aid.
2. Have someone notify Emergency 9-1-1.
3. If immediate action must be taken and no emergency personnel are available, the 911 operator will assist you.
4. Have someone bring you the department first aid kit, if needed.
5. Do not move the victim unless absolutely necessary.

**FIRST AID KITS ARE LOCATED IN ALL THE UNDERGRADUATE LABS AND IN THE ADMINISTRATIVE OFFICE.**

**POISON CONTROL CENTER: 1-800-222-1222**

You are encouraged to learn First Aid and CPR. For classes, call The American Red Cross.

#### 7.1.1 EXTERNAL BLEEDING

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First Aid Treatment<sup>1</sup> for external bleeding:

When giving first aid for open wounds, it is important to take precautions to protect against the transmission of disease. Always try to use a protective barrier.

- Check the scene to see that it is safe.
- Call 911 if there is severe external bleeding.
- Identify yourself and ask permission to help the victim.
- Calm and reassure the victim.
- Put on rubber gloves if you have them.
- Locate the source of the bleeding.
- Using a sterile dressing or clean cloth, apply direct pressure to the wound.
- Raise the bleeding part above the level of the victim's heart if you do not suspect a fracture and does not cause more pain.
- If bleeding doesn't stop or if you need to free your hands, apply a pressure bandage. Do not remove blood soaked bandages. If blood soaks through, apply additional bandages.
- If bleeding still does not stop, apply pressure to the pressure point.

#### 7.1.2 SHOCK:

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Shock is a condition in which the circulatory system (the heart, blood and blood vessels) fails to provide adequate oxygen-rich blood to the body. When vital organs such as the brain, heart and lungs do not receive oxygen-rich blood, they do not function properly. This results in shock. Shock is life threatening.

First Aid Treatment for Shock:

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<sup>1</sup> FIRST AID TIPS DERIVED FROM the American Red Cross

- Check the scene to see that it is safe.
- Check victim and what happened.
- Call 911.
- Check victim to see if they are wearing a medical alert tag.
- DO NOT give the victim anything by mouth.
- Check the ABC's. ( Airway, Breathing, Circulation)
- Place victim flat and elevate his/her feet 8 to 12 inches.
- Try to maintain body temperature.
- Give first aid for any underlying illness or injury.

### 7.1.3 CHOKING:

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Choking or an airway obstruction occurs when a solid object, fluids, or the back of the tongue blocks the airway. A choking person may quickly stop breathing and lose consciousness.

Signs and Symptoms:

- Partial airway obstruction
- Victim can cough forcefully.
- Victim may be able to talk.
- Victim may wheeze between breaths.
- Victim may clutch at the throat with one or both hands.

NOTE: Do not interfere with victim's attempt to cough.

- Complete airway obstruction (a partial airway obstruction can quickly become a complete airway obstruction.)
- Victim is unable to speak, breathe or cough.
- Victim may clutch at the throat with one or both hands.

### 7.2 First Aid Treatment (Adult or child over 1 year old):

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- Check the scene to see that it is safe.
- Ask the victim if he/she is choking. If the victim cannot answer, the obstruction is life threatening.
- Call 911. If possible, send someone else to make the call.
- Identify yourself and get consent to help.
- Do not interfere if the victim is coughing forcefully.
- Do not pinch or poke an object that is lodged in the victim's throat.
- Perform abdominal thrusts (if you cannot get your arms around a large victim to give abdominal thrust, or if the victim is noticeably pregnant, use chest thrust.)
- When doing abdominal thrusts, stand behind the victim.
- Wrap your arms around the victim's waist (for chest thrusts, move your arms and hands higher up on the victim's chest with your arms under victim's armpits.)
- Make a fist. Place the thumb side of your fist in the middle of the victim's abdomen, just above the navel and well below the tip of the breastbone.
- Grasp your fist with your other hand.
- Keeping your elbow out, press your fist with a quick, upward thrust into the victim's abdomen. Each thrust is a separate attempt to clear the airway.
- Continue performing this maneuver until the obstruction is cleared or the victim loses consciousness.

### 7.2.1 If victim becomes unconscious:

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- Position victim on back.
- Clear the victim's airway, if necessary.
- Attempt to ventilate.
  - Use the head-tilt/chin-lift method.
  - If unsuccessful on first try, reposition to open airway and try again. 13
- If you still cannot ventilate, do abdominal thrusts.
  - Straddle the victim's thighs.
  - Place the heel of one of your hands against the middle of the victim's abdomen, just above the navel and well below the lower tip of the breastbone.
  - Place your other hand on top of your first hand.
  - Give up to 5 quick inward and upward thrusts.
  - Check the victim's mouth and do a finger sweep to remove the object if it has been dislodged.
  - If breathing has not been restored, open airway and attempt to give 2 more breaths.
  - If breaths won't go in, give another series of up to 5 thrusts, check victim's mouth, and give 2 slow breaths.
  - Continue this sequence of thrusts, checking the mouth and breaths until object is dislodged or medical help arrives.
  - If breathing is restored, monitor victim until medical help arrives.
- If airway becomes open but victim is not breathing, start rescue breathing.

### 7.2.2 RESCUE BREATHING

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First Aid Treatment for rescue breathing:

- Check the scene to see that it is safe.
- Check victim for consciousness and shout for help.
- Call 911. If possible, send someone else to make the call.
- Start ABC's.
  - A=Airway, open airway - Use the head-tilt/chin-lift method (if you suspect a neck injury, use modified jaw-thrust technique - Check for breathing for 3 to 5 seconds.
  - B=Breathing - If victim is not breathing, give 2 slow breaths 1 to 1-1/2 seconds each.
    - If necessary, clean airway.
  - C=Circulation - Check for 5 to 10 seconds to see if victim has a pulse. NOTE: Give rescue breathing at the following rates: Adult - one breath every 5 seconds (12 per minute)  
Infant/Child - one breath every 3 seconds (20 per minute)

NOTE: For an infant (birth to 1 year old) place one hand on infant's forehead, then place one finger (not your thumb of the other hand under the bony part of the baby's chin. To give breaths, tightly seal your lips around the baby's mouth and nose. Give two slow breaths until chest gently rises. Check for infant's pulse on inside of the upper arm, between the infant's elbow and shoulder.

Check for pulse and breathing every minute.

Stop rescue breathing if:

- Victim starts breathing on his/her own.
- You are relieved by a medical professional.
- You are relieved by another trained rescuer.
- You can no longer continue.



## **8 EMERGENCY RESPONSE TEAMS**

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1. Dr. Ricky Valentín - Building Coordinator and Zone Captain
2. Dr. Pedro Quintero - Alternate Building Coordinator and Zone Captain

### **Building Evacuation Team**

- **Dr. Lourdes Rosario – Evacuation Manufacturing Lab.**
- **Mr. Pedro A. Velásquez - Evacuation Mechatronic Lab, boiler room & basement.**
- **Mr. Morthimer Ortiz - Evacuation of Special Projects CID.**
- **Mr. Ernesto Morales - Evacuation Thermal Science Lab & 1st floor research labs.**
- **Mrs. Jessamine Hernández - Evacuation of the Materials Lab & 2nd floor classrooms.**
- **Mrs. Catalina Camacho - Evacuation of Computer Labs.**
- **Mrs. Yolanda Pérez - Evacuation of Graduate and Undergraduate Study Rooms.**
- **Mrs. Rosa H. Quiles - Evacuation of Administrative Offices**
- **Professors - Evacuation of offices and research labs.**

**PRIMARY EVACUATION ASSEMBLY AREA: Front of ROTC Building**

**SECONDARY EVACUATION ASSEMBLY AREA: Old Track & Field**

**NO MEMBER OF THE FACULTY, STAFF OR STUDENT BODY SHOULD ATTEMPT RE-ENTRY INTO ANY CAMPUS BUILDING UNTIL GIVEN THE O.K. BY RUM EMERGENCY PERSONNEL.**

After a major disaster, RUM will activate its emergency information telephone line. Information regarding the status of the campus, employees and students will be available through this number.

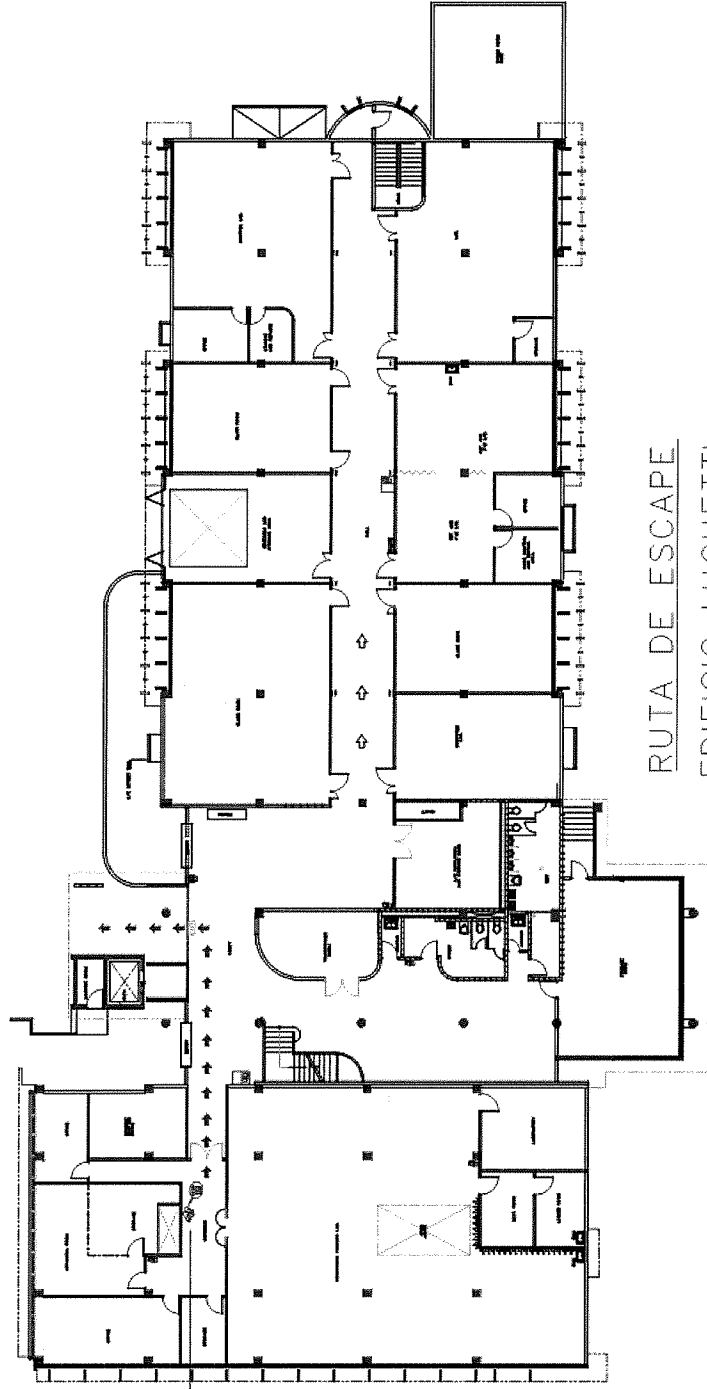
**CALL 911 IF YOU HAVE A FIRE, MEDICAL OR POLICE EMERGENCY REQUIRING IMMEDIATE ATTENTION.**



**9 ESCAPE ROUTES**

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# Manufacturing Hallway



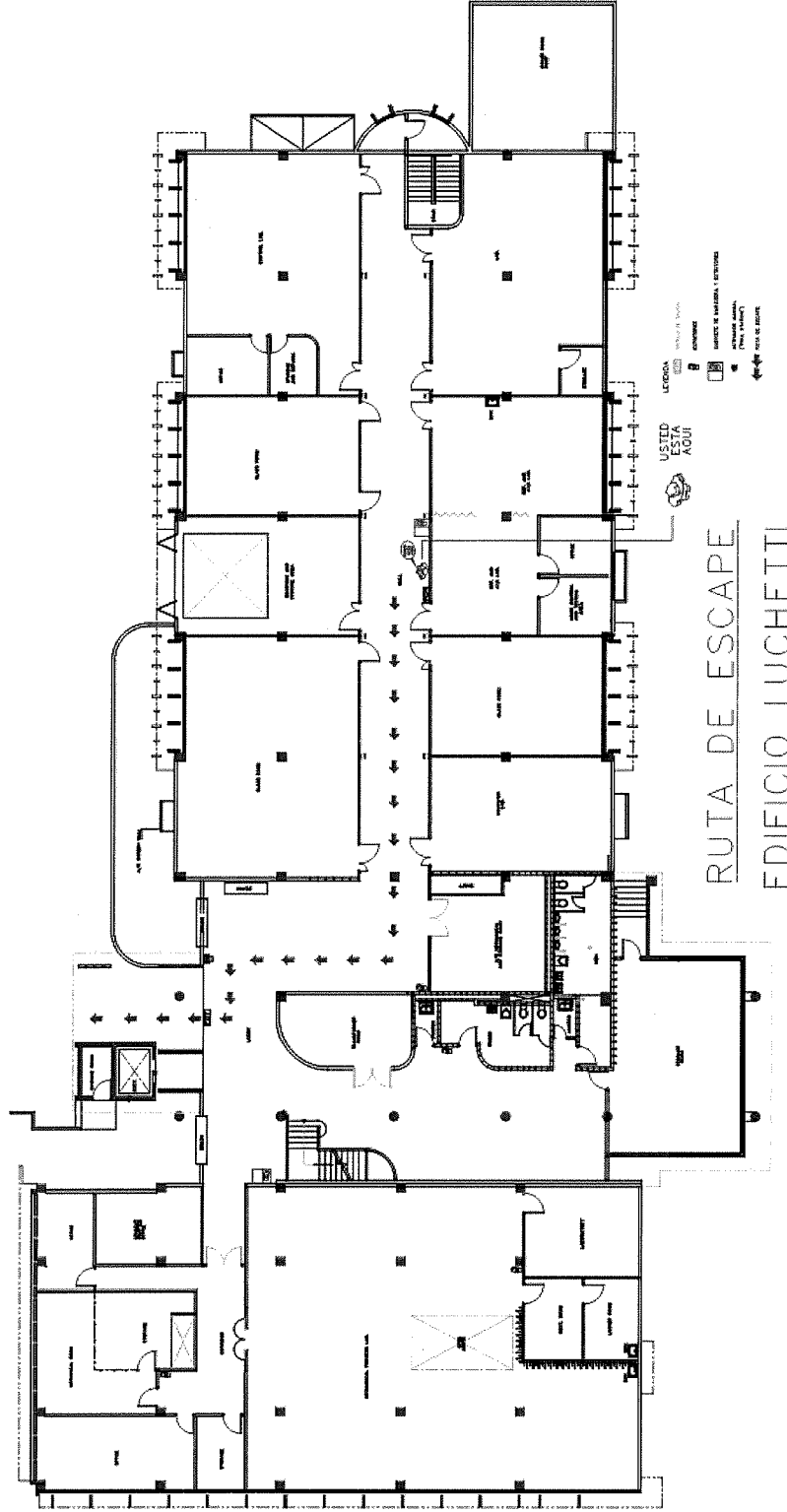
RUTA DE ESCAPE  
EDIFICIO LUCHETTI

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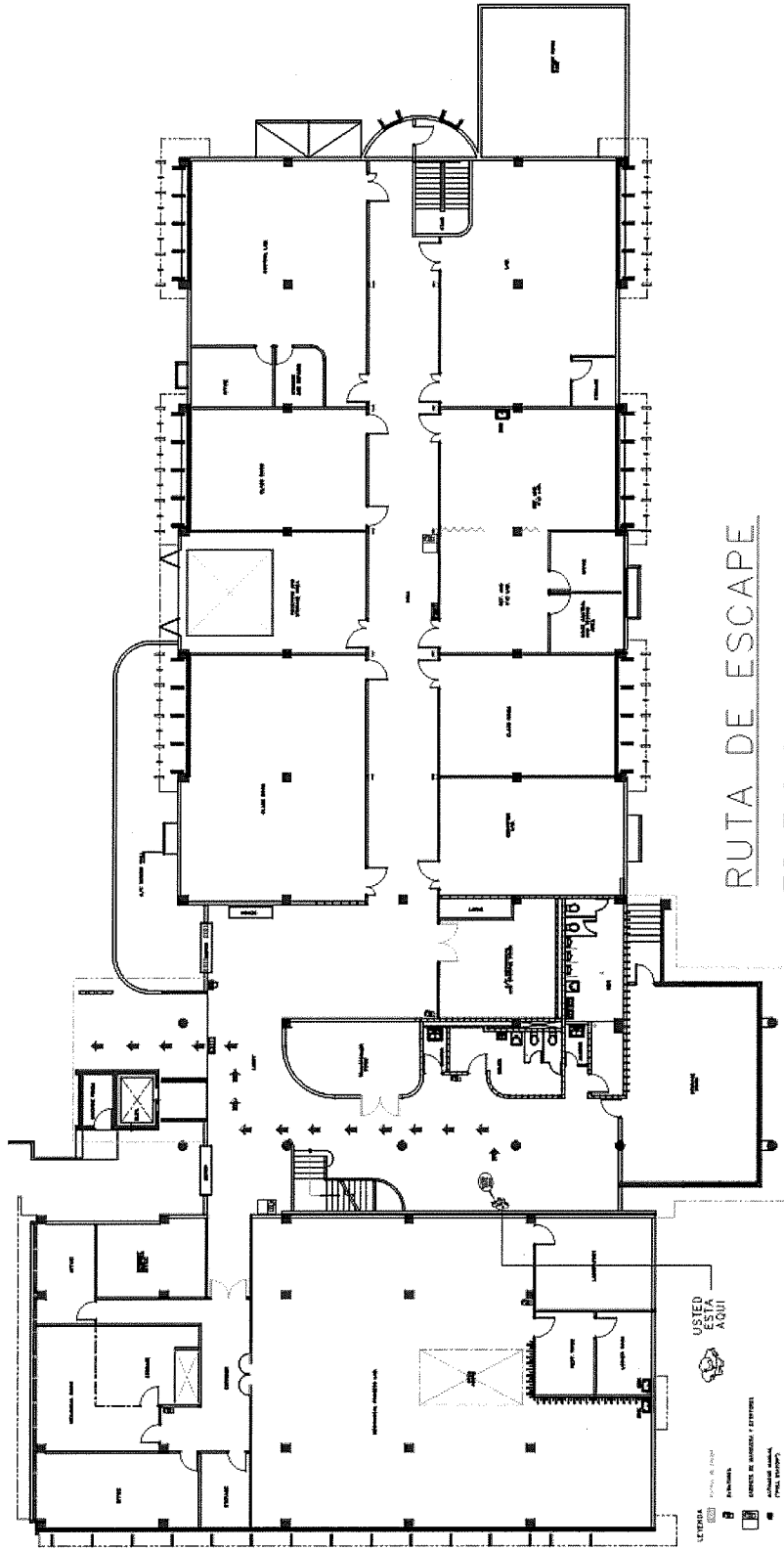
LEYENDA

- Escalera
- Salida de Emergencia
- Salida de Emergencia
- Salida de Emergencia
- Salida de Emergencia

# First Floor Lab Hallway



Front of Study room



RUTA DE ESCAPE  
EDIFICIO LUCHETTI

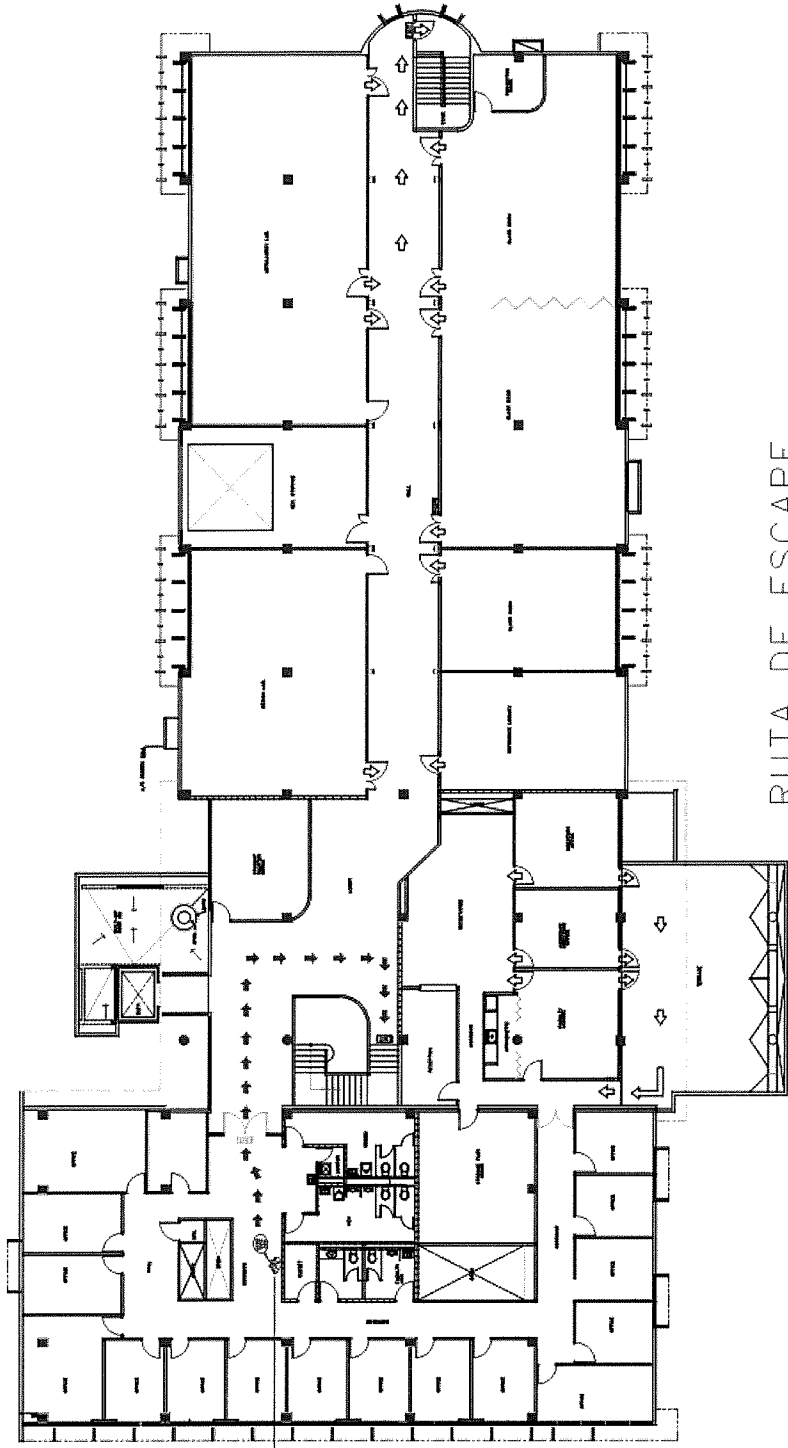
USTED AQUÍ

LEYENDA

- PUERTA DE EMERGENCIA
- PUERTA DE EMERGENCIA
- PUERTA DE EMERGENCIA
- PUERTA DE EMERGENCIA



# Professors' Offices



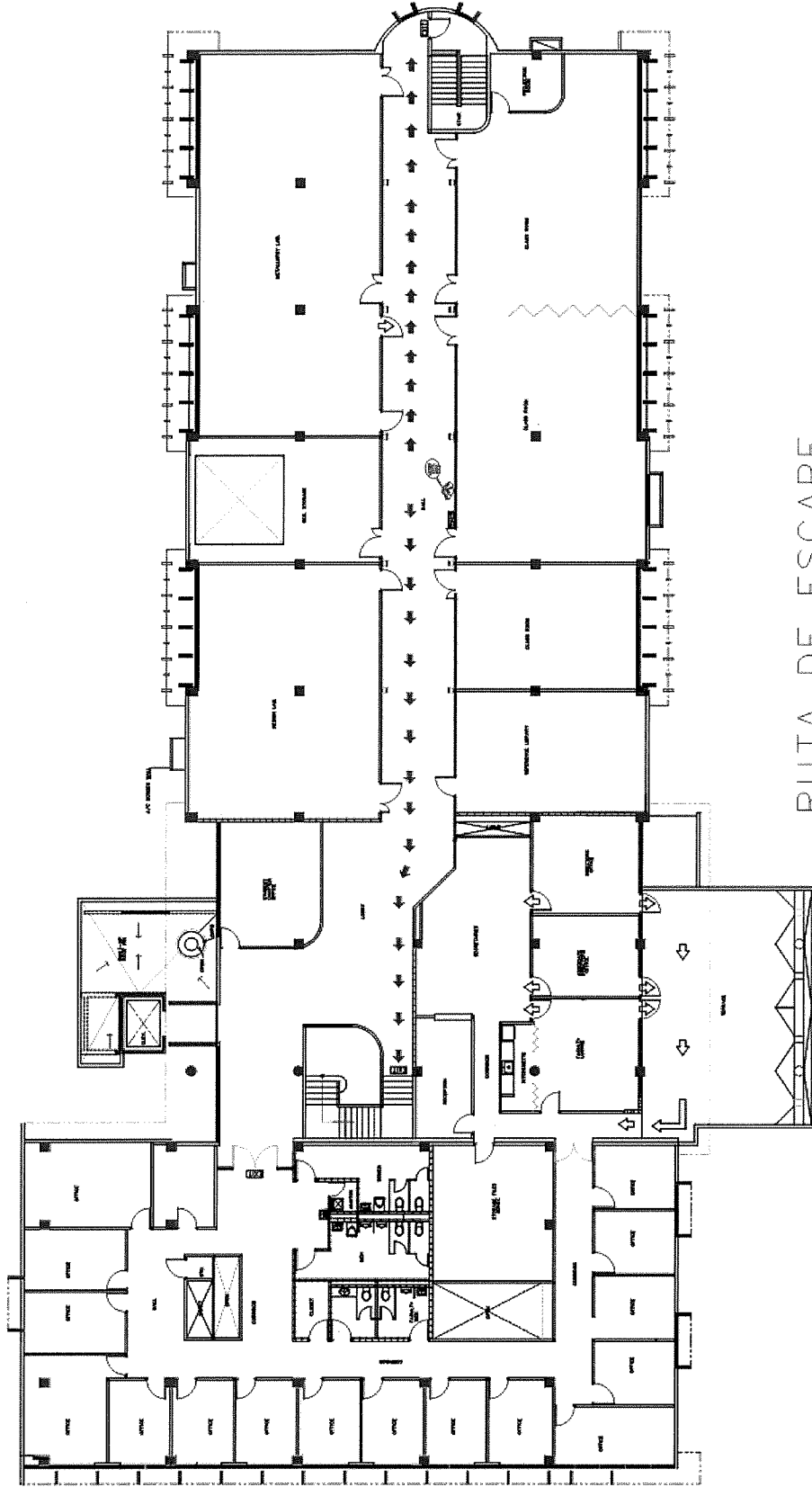
RUTA DE ESCAPE  
EDIFICIO LUCHETTI

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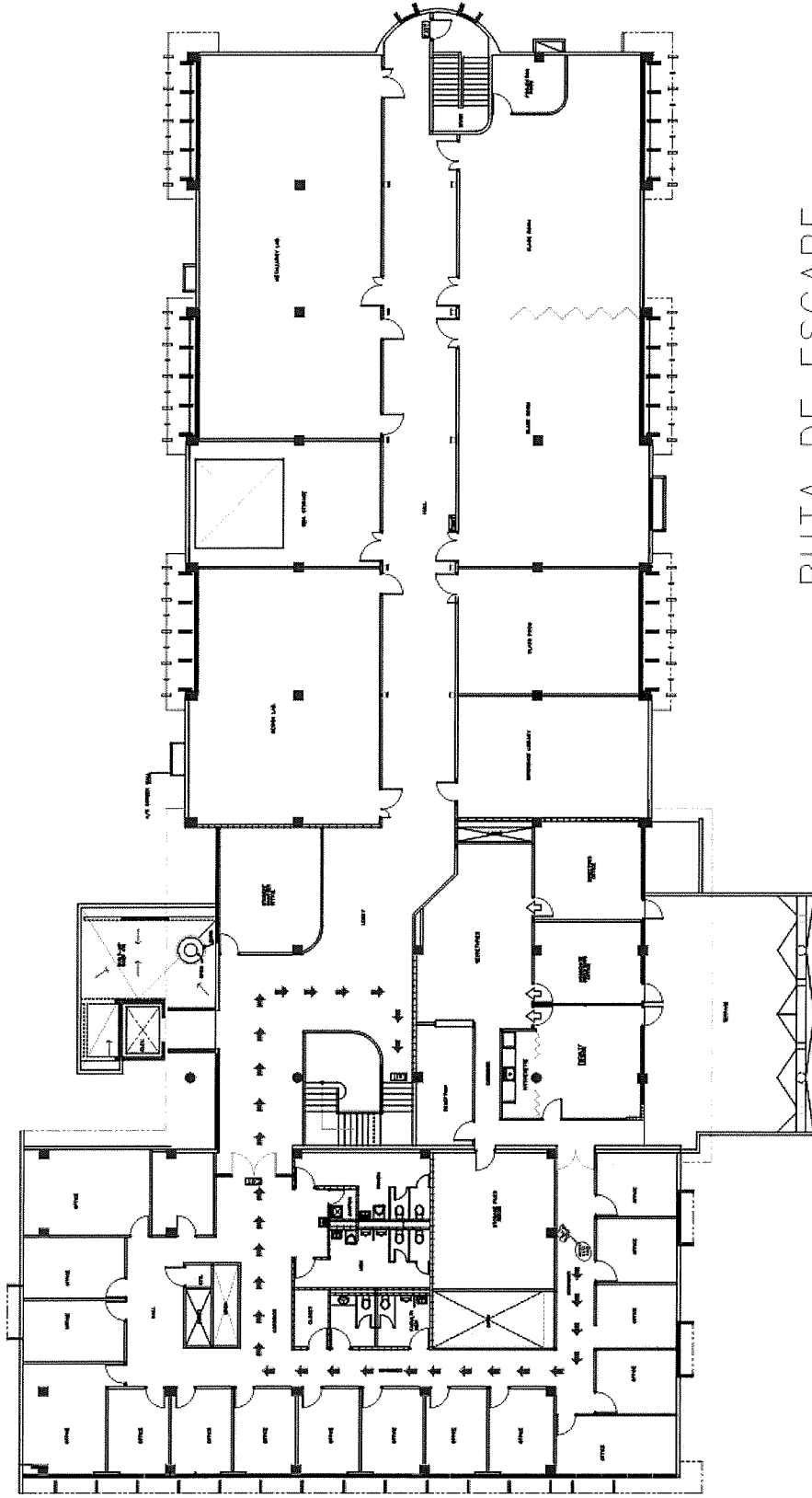
- WALLS
- DOORS
- STAIRS
- EXIT
- AREA OF ESCAPE

Classrooms 2<sup>nd</sup> Floor



RUTA DE ESCAPE  
EDIFICIO LUCHETTI

Professors' offices 2



RUTA DE ESCAPE  
EDIFICIO LUCHETTI