



**UNIVERSITY OF PUERTO RICO  
MAYAGUEZ CAMPUS  
COLLEGE OF ARTS AND SCIENCES  
DEPARTMENT OF NURSING  
PROGRAM OF BACHELOR OF SCIENCES IN NURSING**

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**COURSE SYLLABUS**

<b>COURSE TITLE</b>	:	<b>PSYCHIATRIC NURSING</b>
<b>COURSE NUMBER</b>	:	ENFE 3045
<b>CREDIT-HOURS</b>	:	Six credit hours. Two hours of lecture and two six-hour laboratories per week.
<b>PRE/CO-REQUISITES</b>	:	<b>ENFE 3015, ENFE 3022</b>
<b>COURSE DESCRIPTION</b>	:	Care and rehabilitation on mentally ill adults and children. Integration of in patient care with local resources and family.  The course is required for the completion of the BSN Curriculum. It prepares the students with the basic skills and competencies to intervene with clients with mental problems (alterations).

**COURSE OUTCOMES:**

- a. Recognize the human being as an open system influenced by his environment and its effects on his mental needs.
- b. Recognize the biological, psychosocial, and cultural factors, which affect the individuals' mental health throughout his in cycle and growth and development stages.
- c. Apply concepts and principles of the biopsychosocial sciences in the ministering of psychiatric mental health nursing.
- d. Relate the nature of personality development and human behavior to the mental health of (individuals, families and groups) clients.
- e. Develop therapeutic relationship with individuals, families and groups in a variety of settings.
- f. Examine the roles of the professional nurse in the delivery of psychiatric mental health care.
- g. Utilize the nursing process in the ministration of client care.

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- h. Recognize and utilize the value of research findings in psychiatric-mental health nursing practice.
- i. Intervene effectively with individuals in crisis, and individuals with disruptive, disturbed, and disintegrative behavioral patterns.
- j. Apply concepts of the critical thinking process in a variety of settings.

**COURSE OUTLINE AND TIME DISTRIBUTION**

<b>UNIT</b>	<b>GENERAL TOPICS</b>	<b>TIME</b>
Unit I	<b><i>Introduction to the Course</i></b>  Concepts and Theories related to Mental Health and Mental Illness, Psychiatric Mental Nursing and Psychiatric A. Mental Health, Mental Illness Continuum, Psychiatric Nursing B. Predisposing and Precipitating Factors on Mental Disorders C. Historical Development of Psychiatric Mental Health Nursing D. Legal Aspects in Psychiatric and Psychiatric Mental Health Nursing	2 hrs.  2 hrs. 11 hrs. 8 hrs. 4 hrs.
Unit II	<b><i>Personality Development and Behavioral Dynamic in Individuals, Group and Families</i></b> A. Conceptual Models of Psychiatric Care B. Family/Cultural/Social	6 hrs. 2 hrs.
	<b><i>TEST #1</i></b>	<b><i>2 hrs.</i></b>
Unit III	<b><i>Process of Psychiatric Nursing Practice</i></b> A. Assessment: the psychiatric history and mental examination • Therapeutic Relationship B. Nursing Diagnosis – DSM-V C. Planning	6 hrs. 2 hrs. 1 hr. 1 hr.
	<b><i>TEST #2</i></b>	<b><i>2 hrs.</i></b>
	D. Implementation • Treatment and Modalities	26 hrs.
	<b><i>TEST #3</i></b>	<b><i>2 hrs.</i></b>

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<b>UNIT</b>	<b>GENERAL TOPICS</b>	<b>TIME</b>
Unit IV	<i>Nursing Intervention with Individuals in Crisis, Disruptive and Disturbed and Disintegrative Behavioral Patterns</i> A. Anxiety B. Somatoform Disorders C. Eating Disorders D. Personality Disorders	6 hrs. 6 hrs. 2 hrs. 2 hrs.
	CLINICAL LAB	30 hrs.
	<b>TEST #4</b>	<b>2 HRS.</b>
	E. Crisis	4 hrs.
	CLINICAL LAB	24 hrs.
	F. Mood Disorders	6 hrs.
	G. Squizofrenia	4 hrs.
	<b>TEST #5</b>	<b>2 hrs.</b>
	CLINICAL LAB	30 hrs.
	H. Dissociative Disorders	2 hrs.
	I. Neuropsychiatric Disorders	4 hrs.
	J. Abuse and Violence	2 hrs.
	K. Sexual Disorder	2 hrs.
	L. Substance Disorders	2 hrs.
	M. Attention Deficit Hyperactivity	2 hrs.
	<b>FINAL TEST</b>	<b>2 HRS.</b>

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### INSTRUCTIONAL STRATEGIES:

- + Field Trip
- + Lecture
- + Lecture/Discussion
- + Oral Presentation
- + Study Case
- + Lead discussion/Conferences
- + Clinical Laboratory
- + Cooperative Students Projects
- + Group Work
- + Special Assignments
- + Movies

### LEARNING RESOURCES:

- + General Library
- + Computer Center
- + Nursing Skill Laboratory
- + Transportation for clinical practice
- + Department of Nursing Study Room
- + Plataforma Virtual
- + Diverse Practice Scenarios

### EVALUATION STRATEGIES:

A. Evaluation 1. Theory a. (5) Partials Exams #1 - 15% #2 - 15% #3 - 15% #4 - 13% Exam Final - 15% b. Oral Presentation - 4%	77%
2. Therapeutic Nursing Interventions a. Application of Nursing Process in Psychiatric Settings -14% ✓ Primera Fase - 7% ✓ Segunda Fase - 7% 3. Primary Prevention Projects - 7% 4. Conducta Profesional - 2%	23%
<b>Total</b>	<b>100%</b>

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**GRADING SYSTEM:**

The grades at the Mayagüez Campus are as follows: A, excellent (4.0); B, good (3.0); C, satisfactory (2.0); D, passing, but deficient (1.0); F, failure (0); P, passing; W, authorized withdrawal. In the case of thesis or research in progress, the grades S (Satisfactory) and NS (Not Satisfactory) will be used, but like the grade P, will not be considered in computing the grade point average. The same rule may apply in some seminars. “C” is the minimum grade for passing any undergraduate courses in the major courses in the Departments of Nursing, Mathematics, and Physical Education. The minimum grade for passing other undergraduate course is “D”. (See Bulletin of Information 2015-2016).

100-90 - A	89-80 - B	79-70 - C	69-60 - D	59-0 - F
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**BIBLIOGRAPHY:**

**Textbook:**

Ren Kneisl, C., & Trigoboff, E. (2013). *Contemporary psychiatric mental health nursing* (3<sup>rd</sup> ed.). Indianapolis: Pearson.

**References:**

American Psychiatric Association (2014). *Diagnostic statistics manual of mental disorders (DSM-V (6<sup>th</sup> ed.))*. American Psychological Association.

American Psychiatric Nurses Association International Society of Psychiatric Mental Health Nurses, & American Health Association (2014). *Psychiatric mental health nursing: Scope and standards of practice*. Silver Spring, MD: American Nurses Association.

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Balzer, J. (2013). *Communications in nursing* (7<sup>th</sup> ed.). St. Louis: Mosby.

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- Fortinash, K.M., Holaday–Worret, P.A. (2011). *Psychiatric mental health nursing* (5<sup>th</sup> ed.). St. Louis: Mosby.
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- Kail, R.V., & Cavanaugh, J.C. (2012). *Human development: A life-span view* (6<sup>th</sup> ed.). Belmont, CA: Wadsworth Cengage Learning.
- Karch, A. (2016). *Lippincott's nursing drug guide*. Philadelphia: Lippincott.
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### **DISABILITIES:**

Students will identify themselves with the Institution and the instructor of the course for purposes of assessment (exams) accommodations. For more information please call the Student with Disabilities Office which is part of the Dean of Student Office Building, room DE-1 at (787) 265-3862 or (787) 832-4040, Extensions 3250 or 3258.